

## Client In-Take Information

\*All information provided will remain confidential

### PERSONAL INFORMATION

Client Name \_\_\_\_\_ Gender: M / F  
Address \_\_\_\_\_ DOB \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_  
Occupation \_\_\_\_\_ Referred By (Primary Physician if no referral) \_\_\_\_\_

### VISIT INFORMATION

Reason for Visit \_\_\_\_\_  
Condition is:      Getting Worse ☐      Getting Better ☐      Constant ☐      Comes & Goes ☐  
Medical Diagnosis (if provided) \_\_\_\_\_  
When did this start? \_\_\_\_\_  
What do you think caused this? \_\_\_\_\_  
What makes it better? \_\_\_\_\_  
What makes it worse? \_\_\_\_\_  
Have you seen a healthcare provider for this issue? \_\_\_\_\_  
What is your goal for physical therapy? \_\_\_\_\_

### PAIN

Please circle the appropriate pain level: 0 = no pain, 10 = worst pain possible:

Right Now	0	1	2	3	4	5	6	7	8	9	10
At Best	0	1	2	3	4	5	6	7	8	9	10
At Worst	0	1	2	3	4	5	6	7	8	9	10

### MUSCULOSKELETAL HISTORY

**Injuries:** List any injuries (i.e. sprains, tears, broken bones, etc.) & treatment provided (including surgeries)

Injury	Treatment	Date

## MEDICAL HISTORY

Have you or a member of your family ever been diagnosed with any of the following conditions?

	<u>Self</u>		<u>Family</u>	
Cancer	Yes	No	Yes	No
Depression	Yes	No	Yes	No
Heart Disease	Yes	No	Yes	No
Lung Disease	Yes	No	Yes	No
High Blood Pressure	Yes	No	Yes	No
Diabetes	Yes	No	Yes	No
Bowel Disease	Yes	No	Yes	No
Osteoporosis	Yes	No	Yes	No
Arthritis	Yes	No	Yes	No
Neurological Disease	Yes	No	Yes	No
Allergies	Yes	No	Yes	No
Other				

**Medication:** List all medications & supplements (use another page if necessary)

Medication / Supplement	Prescribed / Taken for	When do you take it?

**Mental Health:** Have you ever had any mental health diagnoses? If yes, describe\_\_\_\_\_

**All information contained herein is confidential unless otherwise authorized by the client.**

By signing below I acknowledge that I have stated all medical conditions that I am aware of and will give an update of any changes in my health status as soon as I am made aware of the condition. I understand that these services are in no way to take the place of a doctor's care. I understand that any acts of indiscretion will be cause for immediate termination of services.

\_\_\_\_\_  
Client Signature  
(Parent/Guardian if applicable)

\_\_\_\_\_  
Date